GET INVOLVED!

ARE YOU BETWEEN 15-18 YEARS OLD?

ARE YOU PASSIONATE ABOUT MAKING A CHANGE IN YOUR COMMUNITY TO IMPROVE YOUTH MENTAL HEALTH?

WHAT'S INVOLVED:

- Participate in a 30-minute call to find out more about Agenda Gap and share what supports youth in your community.
- Attend the youth-led group program once/wk ONLINE for about 1.5 hours over 4-6 months.
- Complete 2-3 surveys & a follow-up conversation after the program ends to help us understand the impacts of Agenda Gap and improve the program (and receive an **honorarium** for each)*
- Receive a Certificate of Completion listing your **volunteer hours.**

Come together with other youth & facilitators to share, identify & take action on issues affecting youth mental health in your community!

WHAT'S YOU'LL LEARN:

- Upstream prevention
- Social Determinants of Health
- Policymaking, laws and influence
- Children's and Other Rights
- Self-care practices
- Communication and Advocacy skills
- and more!

***PARTICIPATION IN ALL SURVEYS & INTERVIEWS IS VOLUNTARY & CONFIDENTIAL.**

For more info, contact us!

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