

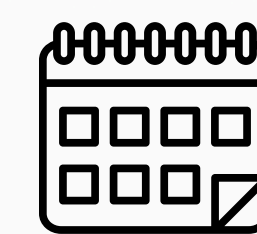


Beautiful Mind

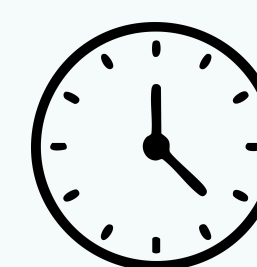
Part 2: For Grades 6, 7 & 8

Celebrating the Mind and Empowering Young People to BE Leaders

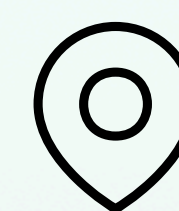
- Showcase your school's mental health campaigns
- Experience a mini lecture with Dr. Ruthie, Managing Director of the Centre for Child Development, Mental Health, and Policy
- Three new activities!
- Refresher of The 3Es[®]: Empathy for Self, Empathy for Others, and Emotion Regulation
- Learn The 3Cs[®]: Connecting, Caring and Coaching
- Free Lunch and gluten-free, gelatin-free and nut-free snacks
- Transportation provided by Planet Youth Mississauga



Friday, May 1, 2026



9:30-10 a.m. Arrival
1:30-2 p.m. Departure



University of Toronto Mississauga's
Maanjiwe Nendamowinan (MN)
Building, 1535 Outer Circle



Financial contribution:



Public Health
Agency of Canada

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