



# Beautiful Mind

## PART 2

Celebrating the Mind and Empowering  
Young People to be Leaders

### STUDENT SHOWCASE: MENTAL HEALTH IN MY SCHOOL

**When?** Friday, March 22nd,  
9:30AM - 1:30PM

**Where?** Churchill Meadows  
CC & Mattamy Sports Park,  
5320 Ninth Line, Mississauga,  
ON L5M 0R5

**Who?** Mental health student  
leaders from your school  
accompanied by teachers and  
parent/guardian volunteers.

**Cost?** Free! This program is  
provided by Erin Mills  
Connects and University of  
Toronto Mississauga's Centre  
for Child Development, Mental  
Health, and Policy. We thank  
the Region of Peel for their  
financial support.



#### Questions?

Contact us at [info@erinmillsconnects.org](mailto:info@erinmillsconnects.org)  
or visit [erinmillsconnects.org](http://erinmillsconnects.org).



- Research-based presentation about empathy and emotion regulation
- Students' mental health presentations
- Community mental health panel
- Pizza lunch for all participants and supervisors
- Games and activities
- Energetic opener and closing by Coach Miguel Martinez, MTClife
- A kindness kit from the University of Toronto Mississauga (UTM) to support student leaders in organizing a kindness campaign at school

EDUCATORS, REGISTER YOUR  
SCHOOL BY MARCH 8 AT  
[onpathway.me/MarchBMD24](https://onpathway.me/MarchBMD24)

