



The 3Es



Free Workshop Series for

Parents/Guardians & Caregivers of Children 8 to 14 Years Old

Join Erin Mills Connects for a free ONLINE 2-part workshop presented by the University of Toronto Mississauga's Centre for Child Development, Mental Health, and Policy (CCDMP)

Dates:

- Wed., Feb. 21 (Emotion Regulation)
- Wed., Feb. 28 (Empathy)

Time: 7 - 8 p.m. ET

Register once for both sessions. Attend one or both as your time permits.



Register here:
onpathway.me/3Esfeb24

Learn The 3Es, core components of social-emotional development: emotion regulation, empathy for self, and empathy for others. Gain practical strategies for yourself, your work and your family.

SCAN ME



Malti, 2020a, 2020b

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