



UNIVERSITY OF TORONTO

MISSISSAUGA

Centre for Child Development, Mental Health, and Policy

INTERESTED IN LEARNING ABOUT CHILD SOCIAL-EMOTIONAL DEVELOPMENT?

Are you a parent, caregiver, or Early Years educator in EarlyON or Child Care in Peel?



YOU MAY BE ELIGIBLE TO PARTICIPATE IN OUR FREE ONLINE 3-WEEK TRAINING

Week 1: Social-Emotional Development

Week 2: Early Relationships

Week 3: Growth, Well-Being and Stress*

*If you are a parent or caregiver, Module 3 will focus on Growth, Well-Being and Stress. If you are an educator, Module 3 will focus on Growth, Well-Being, Stress, and Assessment

In our training, you will complete three 90-minute modules per week that include a combination of self-paced sessions and virtual live group sessions facilitated by our team of child development experts from the Center of Child Development, Mental Health, and Policy.

Our social-emotional training framework takes a **clinical-developmental and strengths-based approach** to address needs by building upon competencies, and emphasizes **3 core components** of social-emotional development ("3 E's").

The Three E's of Social-Emotional Development:

Emotion regulation

Empathy for the self (e.g. self-awareness)

Empathy for others (e.g. perspective taking)

WHAT IS PROJECT RAISE?

RAISE stands for Research and Practice Partnership: Building Awareness and Increasing Social-Emotional Capacity in the Early Years.

RAISE applies a social-emotional training framework developed by Principal Investigator Dr. Tina Malti and the team at the Centre for Child Development, Mental Health, and Policy (CCDMP) based on 20 years of research, to support caregivers and educators' capacity to support child social-emotional development.

RAISE is part of a multidisciplinary collaboration between our research team and community partners in the Early Years sector in the Peel Region (e.g., practitioners, service providers, and policymakers) and nationally.



INTERESTED? PLEASE CONTACT US:

Email: raise.ccdmp@utoronto.ca

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THIS PROJECT IS DONE IN COLLABORATION WITH OUR PARTNERS

