



Erin Mills Connects: A community collaborative for youth and family mental well-being

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Visit: www.erinmillsconnects.org

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Erin Mills Connects

Who is Erin Mills Connects?



- Erin Mills Connects (EMC) is a community collaborative focused on family and youth mental well-being in west Mississauga
- Collaborative participants are schools, including the University of Toronto Mississauga, Dufferin-Peel Catholic and Peel District School Boards, youth groups, Peel Multicultural Council, Polycultural Immigrant & Community Services, parents/guardians, youth, social economy business and more
- Founded in 2016

Funding and Stewardship

- Steward/Trustee: The Dam, founded in 1995



Thank you to our funders 2020-2021



Successful Connections



- **Steering Committee Meetings**

Open to community leaders, parents, schools, government officials, local business representatives

- **Community Forum Meetings**

Three to four times a year, community leaders etc. meet to share best practices and plans to increase well-being in Erin Mills

- **Beautiful Mind Days**

2017-2019 - Each semester Grades 4-12 learned about mindfulness and mental well-being during a mental-health field trip.

During COVID-19, focusing on parent resources and will have an online event for Grades 6-8 and 9-12 on Apr. 26.



Teacher/Leader facilitation training

For Teachers and Community Leaders:

- Healthy Relationships Plus Train-the-Trainer workshops and Information Session by Western University
 - Sept. 2018
 - Nov. 2019 (HRP-Enhanced for newcomer youth)
 - Oct. 2020
 - Jan. 2021 (The Dam drop-in staff for Spring Break)



Contact Information



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**Thank you for
your interest**

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