

Project Now is looking for youth 16 – 24 years, family members, caregivers, or friends who have had personal experience with suicide to join our Youth and Family League.

Project Now is a multi-year, community-wide partnership project with the mission that no child or youth will die by suicide in our community. The Youth and Family League makes sure that the ideas and advice of youth and families impacted by suicide help to shape and inform Project Now work.

## Personal experience is defined as the following:

- Having thoughts of ending your life;
- Having taken action to end your life;
- Supporting a friend or family member who has had thoughts of ending their life;
- Supporting a friend of family member who has taken action to end their life; and/or,
- Losing a friend or family member who died by suicide.

If you are willing to speak openly in a group setting, Project Now wants to hear your honest opinions about what is working and what isn't, what you think is missing, and what we need to do about it.

Project Now will provide training and orientation for all members. High school volunteer hours and honorarium for League members will also be provided.

### If you or someone you know is interested, please email yafl@thp.ca or call (905) 848-7580 extension 6268







# NØW Self - Nomination Application Form

Candidate Name Last Name		First Name		<b>Pronoun</b> (she, he, they, zie, etc.)	
<b>Age</b> (Please select range)	16 - 17	18 - 24	25 - 35	36 - 60	60+
Contact Information Region (eg. Halton, Peel, York, Wellington):		Email Address:	Phone:	Organization (if applicable):	

#### PLEASE DO NOT DIVULGE DETAILED PERSONAL HEALTH INFORMATION ABOUT YOURSELF OR ANOTHER PERSON IN THIS FORM

I identify as having expertise due to lived experience in the following areas (Check all that apply)

I am a youth (16yrs-24 yrs) who has personal I am a family member, friend, or caregiver for someone who has had personal experience experience with suicide. with suicide. I have used resources in Mississauga for I have been part of groups/committees/advisory to support around this topic (health, education, church, work towards positive change. groups etc.). What is your reason for applying to the Youth and Family League (YaFL) (Check all that apply) Build skills Give back Help change Strengthen Build resilience the system relationships

Other :

What made you want to be a part of this committee supporting change in your community?

# What do you feel you could bring or would be able to contribute to this Youth and Family League? (e.g. passion for the issues, experience with other community change, strong connection to your community, unique view/perspective, etc.)

Do you have access to a cell phone or			Do you have access to a laptop or tablet if		
landline if teleconferencing was required?	у	n	video conferencing was required?	у	r

Is there anything else you would like us to know?